



St. Peter Canisius International Catholic Parish Jakarta

MONTHLY BULLETIN – APRIL 2026

HUMAN STEWARDSHIP

Beloved Sisters and Brothers,

The Church, since the time of the papacy of St. John Paul II, has called us to undergo an “ecological conversion”. In his encyclical letter *Laudato Si’*, Pope Francis repeated this call. Archbishop of Jakarta also has called us to undergo ecological conversion to be our main theme of Lenten Season 2026.

This idea of ecological conversion, is actually a theological and spiritual concept drawn from millennia of human thought, suggests that instead of dominating or exploiting the natural world, human beings have a moral obligation to act as caretakers and stewards of the environment. The concept of that it is the ethical duty of humanity to **“shepherd and guard the world.”** is often also called as “human stewardship” over nature or the world. It is in contrast to the ‘conquest’ mentality, which emphasizes control, dominance, and resource extraction.

This short pastoral message will deal briefly, mainly from Christian perspective, one of the most profound concepts that emerges from a discussion on the relationship between humans and the rest of the universe.

Basic question: How must human beings relate themselves to the World?

For many centuries, human beings have one of the fundamental questions on: “How must human beings relate or interact themselves to the World, particularly in terms of nature and the environment?” This question refers to the human beings’ ethical, moral, and religious duty and responsible management of the Earth and its resources, emphasizing human beings’ role as care takers of creation. There are two paradigms of ethical duty humanity, which radically different approaches to this issue: the “stewardship” mentality and the “conquest” mentality.

Human Stewardship Mentality Vs Human Conquest Mentality

Human stewardship is a concept rooted in the belief that humans are part of a larger ecological web and have a responsibility to care for the world and its resources. Therefore, humans should act as caretakes, rather than exploiters of the environment.



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Those who are against stewardship mentality accuse it as living within the Earth's ecological limits. It considers, however, the earth as a living entity, that requires careful tending and respect. Therefore, this mentality is about finding ways to meet human needs without over-exploiting resources or harming ecosystems. This approach emphasizes the long-term well-being of both humanity and the environment. It emphasizes a model that encourages sustainable development, conscious consumption, and a holistic understanding of humanity's place in the world. The Stewardship mentality advocates for recognizing the interconnectedness of all life and the importance of maintaining ecological balance. taking only what is necessary and ensuring that their actions do not disrupt the harmony of the natural world.



In contrast to stewardship is the 'conquest' mentality. For many centuries it has dominated human way of life in this world, and much more of modern civilization. It is driven by the belief that the Earth exists solely for human use and that nature is a resource to be controlled, extracted, and consumed. This worldview is based on the idea that human beings are separate from nature and, in fact, superior to it. As a result, the natural world is often viewed as something to be conquered, tamed, or bent to human will.

The "conquest" mentality emphasizes short-term gains or immediate gratification, therefore, it has led to unprecedented environmental degradation, including deforestation, pollution, climate change, and biodiversity loss.

The Basis for Stewardship as an Ethical and Moral Duty

The idea that stewardship is an ethical duty can be traced back to various philosophical traditions. Central to these ideas is the recognition that humanity is part of a larger system. Stewardship, then, is not merely a preference or a lifestyle choice; it is a moral responsibility that flows from our interconnectedness with the Earth.

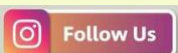
From an ethical standpoint, stewardship can be justified in several ways. One of the most prominent arguments is the concept of 'intergenerational justice.' This idea suggests that human beings have an obligation to future generations to ensure that the Earth remains liveable. Just as human beings would not want to inherit a planet ravaged by pollution and scarcity, they have a responsibility to leave a healthy and thriving world for those who come after them. This requires making decisions that prioritize long-term sustainability over immediate gains.



Another moral argument for stewardship is the intrinsic value of nature. According to this view, nature has value in itself, independent of its utility to human beings. The natural world is not merely a resource to be exploited, but a rich tapestry of life that deserves protection. This aligns with the deep ecological movement, which argues that humans are part of the Earth's web of life and have a duty to protect the integrity of ecosystems, even if it means curbing human expansion and development.

Theological Perspectives

The concept of stewardship can be traced back to various ancient cultures and religious teachings, including the biblical notion of humans being entrusted with the care of God's creation. In many religious practices of indigenous cultures, stewardship is not a passive role, but an active, engaged way of life. It requires a



deep understanding of the interdependence of all life forms and a commitment to sustainable practices that respect natural limits.

The human stewardship idea is often associated with theological perspectives, particularly within Christianity. In the **Book of Genesis 1:28**, God entrusts human beings to take care of the Earth, and highlights dual responsibilities of cultivation and preservation of the world. Stewardship is often viewed as a

collaborative effort with God in the work of creation and redemption for the benefit of both human and the planet. This perspective encourages individuals to reflect God’s character in their stewardship practices, promoting a holistic understanding of their role in the world.

The Path Forward: Reclaiming the Stewardship Ethic

Nowadays, there is growing recognition of the need for a shift toward sustainability. Movements for environmental justice, regenerative agriculture, and climate action are all part of this broader effort to reclaim the stewardship ethic.

However, transitioning from a “conquest” society to a “steward” society will not be easy. It requires a fundamental rethinking of economic systems, social values, and personal behaviours. Education will play a crucial role in this transformation. Philosophical reflection, combined with concrete action, can help guide humanity back to a path of balance and harmony with the natural world.

Practical Applications of Stewardship: How to Live Responsibly

Living as a steward of the Earth requires concrete actions that reflect a commitment to sustainability and ethical responsibility. This can be seen in various practices, from small-scale efforts to larger initiatives. Stewardship also involves making choices that prioritize the well-being of the planet over short-term profits.

At an individual level, stewardship begins with a change in mindset. It involves viewing oneself not as an isolated consumer but as a part of a larger community of life.

This perspective encourages mindfulness in how we interact with the world—whether it’s through conscious consumption, supporting sustainable practices, or advocating for policies that protect the environment. It is not about giving up modern comforts but finding ways to live in harmony with the Earth’s natural rhythms and limits.

Stewardship as Christian’s Steps of an Ecological Conversion

Some Christians might say: “How to make into practice the stewardship mentality as an ecological conversion?” An ecological conversion involves four steps:

A humble recognition that human beings have harmed creation. (LS 218). How? It is by reading scientific reports on ecological problems, by going through an ecological examen, checking carbon footprint, conducting an energy audit, reviewing daily consumption habits, looking for food/water/energy waste, etc.



Repentance and turning to the Creator. How? It is by praying, receiving the sacrament of penance, restitution, reading and meditating on Scripture.

Commitment to change and to become good stewards of creation. How? It is by changing lifestyles, cultivating virtues, and attitudes in our day-to-day life, as mentioned in Laudato Si.

Community conversion. Pope Francis noted that "Social problems must be addressed by community conversion and networks, and not simply by the sum of individual good deeds... How? It is by identifying the community, with which people are connected, for example, parish, neighbourhood community. Identify ways how to transform it in order to live Laudato Si' and use helpful resources such as this eco-parish guide or eco-arch diocese guide.

The stewardship challenges humanity to reconsider its relationship with the Earth. Instead of dominating and exploiting nature. Human beings are called to act as its guardians, ensuring that future generations inherit a world that is capable of sustaining life.

Fr. Paulus Agung, SJ

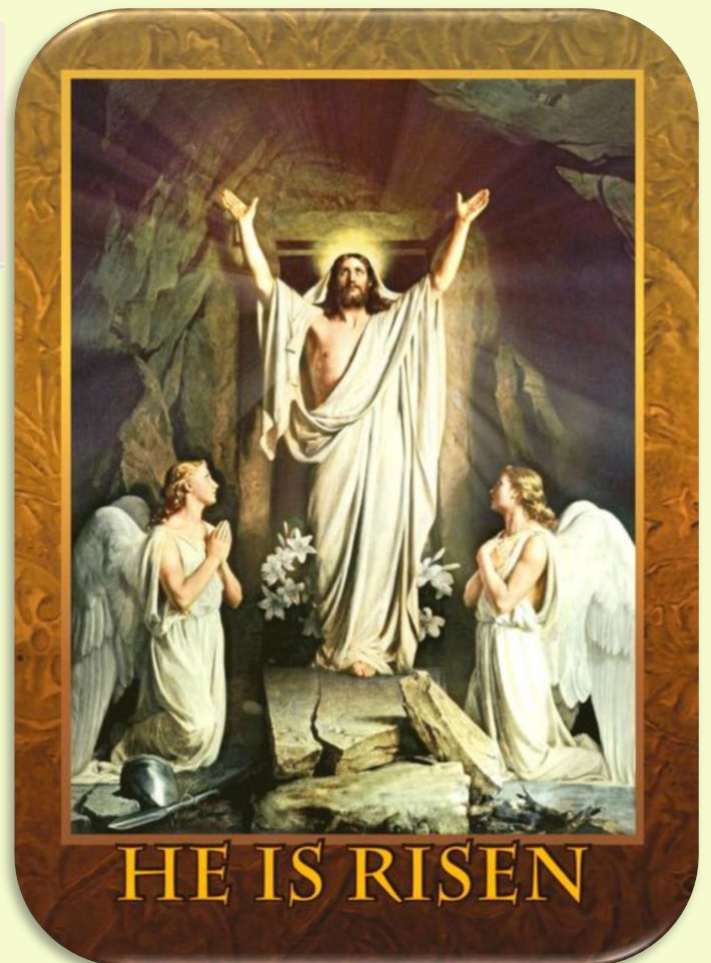
EASTER WISHES



Dear Parishioners,

Wishing you all Happy Easter! May the joy of Christ's resurrection fill your hearts with hope and renewal. Let us come together in faith and love as we celebrate this sacred occasion. God bless you all.

Fr. Moko SJ, Parish Priest, Fr. Agung SJ, Assistant Parish Priest, Deacon Klaus SJ & Parish Council Members



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**CHOIR SCHEDULE FOR APR & MAY 2026 FROM ST. THERESIA CHURCH Sat 3:30pm (Offline)
& Sun 3:00pm (Online), CANISIUS CHAPEL- Sun 6:pm**

DATE	DAY	MASS	TIME	CHOIR
MONTH OF APRIL - THERESIA CHRUCH				
11-Apr	Sat	2nd Sunday Easter	3:30PM	Eucharistic Sounds Choir
12-Apr	Sun	2nd Sunday Easter	3:00PM	ELFACS Choir
18-Apr	Sat	3rd Sunday Easter	3:30PM	Eucharistic Sounds Choir
19-Apr	Sun	3rd Sunday Easter	3:00PM	The Choir Immortal
25-Apr	Sat	4th Sunday Easter	3:30PM	Eucharistic Sounds Choir
26-Apr	Sun	4th Sunday Easter	3:00PM	ELFACS Choir

CANISIUS CHAPEL- SUNDAY AT 6:00PM

DATE	DAY	MASS	TIME	CHOIR
12-Apr	Sun	2nd Sunday Easter	6:00PM	Genesis Choir
19-Apr	Sun	3rd Sunday Easter	6:00PM	Genesis Choir
26-Apr	Sun	4th Sunday Easter	6:00PM	Genesis Choir

MONTH OF MAY - THERESIA CHRUCH

02-May	Sat	5th Sunday Easter	3:30PM	Eucharistic Sounds Choir
03-May	Sun	5th Sunday Easter	3:00PM	ELFACS Choir
09-May	Sat	6th Sunday Easter	3:30PM	Eucharistic Sounds Choir
10-May	Sun	6th Sunday Easter	3:00PM	The Choir Immortal
14-May	Thur	Solemnity of the Ascension of the Lord	3:00PM	The Choir Immortal
16-May	Sat	7th Sunday Easter	3:30PM	Eucharistic Sounds Choir
17-May	Sun	7th Sunday Easter	3:00PM	ELFACS Choir
23-May	Sat	Pentecost Sunday	3:30PM	Eucharistic Sounds Choir
24-May	Sun	Pentecost Sunday	3:00PM	The Choir Immortal
30-May	Sat	Most Holy Trinity	3:30PM	Eucharistic Sounds Choir
31-May	Sun	Most Holy Trinity	3:00PM	ELFACS Choir

CANISIUS CHAPEL- SUNDAY AT 6:00PM

DATE	DAY	MASS	TIME	CHOIR
03-May	Sun	5th Sunday Easter	6:00PM	CFJ Choir
10-May	Sun	6th Sunday Easter	6:00PM	Genesis Choir
17-May	Sun	7th Sunday Easter	6:00PM	Genesis Choir
24-May	Sun	Pentecost Sunday	6:00PM	Genesis Choir
31-May	Sun	Most Holy Trinity	6:00PM	Genesis Choir

Note: *Online Mass is only on every Sunday 03:00 pm from St. Theresia Church.



YOUTH FELLOWSHIP

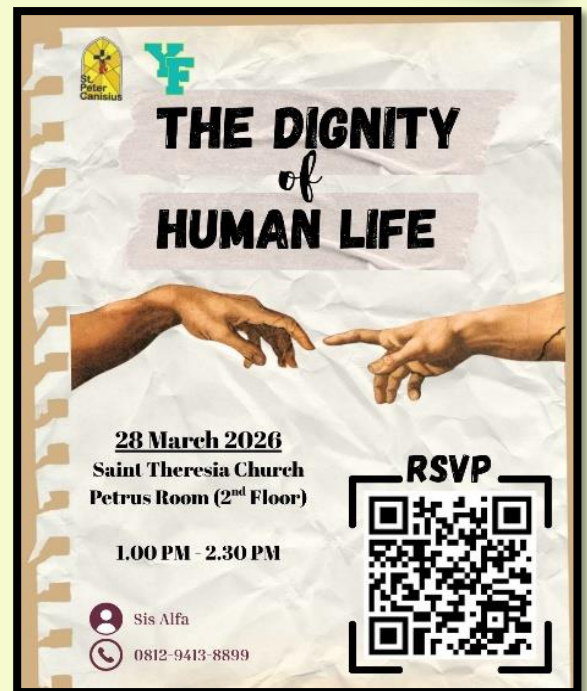


Topic: "The Dignity of Human Life"

Date: 28 March, 2026

Reflection:– Velko Gospodinov, 11th grade French School Jakarta

The YF session conducted on 28 March 2026 on the topic of The Dignity of Human Life taught us exactly what the Catholic Church should be teaching. The dignity of human life, and it starts at conception. It taught that we should not run away from suffering, but we should embrace it with God's help. It reinforced the idea that the murder that is abortion, euthanasia and, assisted suicide is something condemned by The Mother Church. The people attending seemed to be interested by the topic as it goes against what the world teaches.



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YOUNG ADULT PRO (YAP)



Young Adult Professionals Visit to Life Project 4 Youth Alliance (LP4Y)

On March 14, the Young Adult Professionals (Yuppies) group had the privilege of visiting LP4Y Indonesia's East Jakarta branch. Six of us attended, including Deacon Klaus, who is currently on pastoral placement with the expat parish and also serves as one of the NGO's Indonesian Board Members. Our group was eager to learn more about how LP4Y supports young adults both in Jakarta and across Indonesia

LP4Y focuses on developing innovative solutions for the professional and social inclusion of young adults (18–24 years) living in extreme poverty and experiencing exclusion. During our visit, we aimed to understand how this NGO helps local young adults develop job skills, build character, and adapt these skills to the Indonesian social and cultural context.

The journey to the branch, through narrow side streets, ended with a warm welcome from two LP4Y youth who guided us to the training center. We were greeted by facilitators, a mix of Indonesian and French nationals, dedicated to empowering youth to gain employment, achieve independence, and contribute positively to society.

Facilitators presented their approach to teaching essential job skills, while the youth shared their aspirations and career goals. The center's holistic learning environment combines practical skill development with real-world job preparation. Conversations with the youth highlighted their appreciation for the safe and nurturing space LP4Y provides.

We felt honoured to share breakfast (Iftar) with the young adults, exchanging stories and learning about their experiences. The visit reinforced the meaningful impact LP4Y has on Indonesian youth and wider society. Inspired by this work, the Yuppies group, drawing on its members' diverse professional expertise and experiences, looks forward to contributing in meaningful ways, whether through mentoring, skill-building workshops, or collaborative projects to support the ongoing growth and success of these young adults.



By Bro Paul Denis Trehy.



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ANNUAL EASTER FELLOWSHIP BY YAPPIES

Celebrate
EASTER

The Annual Easter Fellowship by Young Adult Professionals was held in Jakarta on April 5th 2026, bringing together thirty-four young adults from twelve different countries, including Indonesia. This annual gathering is designed to strengthen bonds of friendship and faith among Catholics from diverse backgrounds who live in Indonesia, particularly in Jakarta. The event was made even more special by the presence of Father Moko, Father Agung, and Deacon Klaus, whose guidance and blessings added depth to the celebration.

My path to joining this fellowship began earlier, on April 1, when Sis Benedicta invited me to accompany exchange students from the Philippines to attend the Good Friday Mass at St. Theresia Church. Following the Mass, she encouraged me to join the traditional pilgrimage known as *Visita Iglesia*, which involved visiting seven different churches and chapels. This experience not only enriched my spiritual journey but also connected me to a WA group where I discovered information about the Annual Easter Fellowship. Motivated by curiosity and a desire to grow, I registered and prepared myself to join the event.

The fellowship itself was a joyful and memorable occasion. Held at Pokenbir, a cozy and welcoming restaurant in Jakarta, the atmosphere was warm and inviting. I met many new people from Australia, Bang Grace from Congo, and James from California, USA, all of whom spoke Indonesian with impressive fluency. Our conversations ranged from casual exchanges to deeper reflections, and we bonded through games and laughter. The food served at Pokenbir was delicious, and the restaurant's relaxed ambiance created the perfect setting for meaningful interactions. It was not only a social gathering but also a cultural exchange, where different backgrounds blended harmoniously in the spirit of Easter.

Reflecting on the experience, I realized how easy it is to become absorbed in our own routines and personal worlds. This fellowship reminded me of the importance of stepping out of my comfort zone and embracing new opportunities to connect with others. Sis Benedicta and Bro Herto encouraged me to take that leap, teaching me that true growth often begins when we dare to try something new. For me, the Annual Easter Fellowship lunch was far more than just another event—it was a celebration of friendship, unity, and faith, filled with the joy of Christ's resurrection. I sincerely hope that gatherings like this will continue to flourish, bringing people closer together in love, faith, and joy, and inspiring us all to carry the spirit of Easter into our daily lives.



By Bro Nebraska



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VISITA IGLESIA (Visiting 7 Churches)

April 3, 2026, Good Friday. At 6:00 in the morning, while most of the city was still quiet, I found myself on the way from Bandung to Jakarta for a Visita Iglesia invitation. It wasn't exactly the most convenient decision. I could have simply stayed in Bandung and done it there, but if you ask me why I still chose to go all the way to Jakarta (145–150 km away), I don't think I can give you a practical reason. Deep inside, I just felt this quiet pull, like the Lord was gently nudging my heart, whispering, "Go" and sometimes, obedience doesn't need to make sense. It just needs a willing heart.

For those who might not be familiar, Visita Iglesia here in Indonesia is a meaningful Holy Week devotion, usually practiced on Maundy Thursday. Catholics visit at least seven churches to pray, reflect on Christ's Passion, and contemplate the Seven Last Words, but beyond the structure, it becomes something more personal, a pilgrimage of the heart. A space where everything slows down, where silence speaks, and where you meet God in ways you didn't expect.

Before we began, our group gathered for a short briefing. There was something comforting about being surrounded by people who came for the same purpose. We were told that we would visit seven churches and reflect on the Ecological Stations of the Cross, two stations in each church. In celebration of the Franciscan Jubilee Year, we also made it a point to visit Franciscan churches along the way. It wasn't just a journey across places, but a deeper journey within ourselves.

Our first stop was St. Theresia, Menteng. From there, we went to Canisius Chapel, Menteng, then St. Francis of Assisi in Tebet, Sacred Heart in Kramat, St. Paskalis in Cempaka Putih, St. Bonaventura in Pulomas, and finally St. Lukas in Sunter.

Each church carried its own atmosphere, its own quiet story, but what remained constant was how each one touched my heart in a different way. There's something about kneeling before the Blessed Sacrament that humbles you completely. It strips away distractions, leaving only you and God. In those moments, I found myself offering prayers I didn't even realize I was holding onto, prayers for healing, for forgiveness, for gratitude. Some were whispered, some were silent, and some were just felt because sometimes, the deepest prayers are the ones words cannot fully express.



Visita Iglesia
Visiting 7 Churches - Ecological Stations of the Cross

STPCICP
Young Adult Professionals

3 April 2026
Start **2pm** after good friday service

Contact Person: Nic (087724405000)

Register Here



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I also found so much peace praying at the grotto of Mother Mary. There's a different kind of comfort there, like being held in a mother's presence. It reminded me that even in my struggles, I am never alone.

One moment that will always stay with me happened when we were about to break our fast. We were all inside the van, a bit tired but fulfilled from the journey. Then suddenly, someone started singing a worship song. One by one, voices joined in. No instruments, no rehearsals, just pure, sincere worship. It was simple, but it felt so deep. In that small, moving space, I felt something so genuine and alive. It reminded me how beautiful it is to share faith with others, how powerful unity in Christ can be, and how being Catholic is not just about recollections, but about relationships and community.

By the end of the day, my heart was so full. Full of gratitude, full of peace, full of quiet joy. I came not knowing exactly what to expect, but I left carrying something I didn't even know I needed. I met people I could connect with on a deeper, spiritual level, people from different backgrounds and even different nationalities, yet united by one faith. It felt like finding a small family in the middle of a journey.

Looking back, I realize that saying "yes" to that small prompting in my heart led me to something so meaningful, and maybe that's how God works through simple invitations that, when embraced, turn into moments we will carry for a lifetime.

Thank you, Young Adult Professionals Jakarta, for saying yes to becoming instruments of the Lord. Thank you for creating a space where faith is lived, shared, and felt.

Unto our next.

By Sis Hercy D.



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PARISH RECOLLECTION

STPCICP's First Recollection – Salatiga, Semarang (25–27 March)

On the 25th of March 2026, our parish held its first recollection in Salatiga, Semarang. We were grateful to have Fr. Bambang Triatmoko, SJ, and Fr. Paulus Agung, SJ, join us. It was a gift to be part

of this recollection with participants from the various ministries of our parish — especially meaningful since it was my first. On the first day, we arrived at St. Theresia Church and boarded the bus. Although the trip was 13 hours long, it passed quickly. During the ride, we prayed, sang, and shared stories with one another. Upon arriving in Salatiga, we checked into our rooms and enjoyed a simple dinner of nasi goreng, one of my favourite foods, before heading back to rest for the night.

On the second day, we headed to the Pertapaan Bunda Pemersatu Gedono, the Our Lady of Unity Monastery in Gedono. The bus ride was swift, and we spent it singing many songs together. Upon arrival, we were warmly welcomed by Fr. James Spilane, S.J., and the Prioress of the monastery. Fr. James led us to one of their aulas for his session on “Spirituality in Hospitality.” He shared many meaningful insights about how we, as Catholics, are called to serve others and introduced us to the different types of quotients. One moment that stood out to me was when several volunteers reenacted the Parable of the Prodigal Son — it was heartwarming to see everyone participate and reflect on the message together.



After the talk, we had lunch and then celebrated Mass with Fr. Moko, Fr. Agung, and Fr. James. The Mass was held in the monastery chapel, which felt beautifully peaceful and intimate. Afterwards, we joined the 1:45 p.m. prayer with the monastic community before returning to the hotel.

Once we had rested, we gathered again in the conference room for Fr. Moko's session. This session focused on sharing ideas and reflecting on what our parish community is called to be. The atmosphere was filled with joy and laughter, and

by the end, the session was truly fruitful. One of the highlights was forming the four core values we hope to strengthen as a parish: Relationship and Value, Commitment to Liturgy and Service, Hospitality, and Lifelong Faith Formation. We ended the night with dinner and a 9 p.m. online rosary.





On the last day, we visited Girisonta, the place where Jesuits are formed and where many of them are laid to rest. In a way, it is the “Alpha and the Omega” for the Jesuit community. There, we prayed at the graves of our beloved former parish priests and shared memories of their time with us. We were also blessed to celebrate Mass in the residence for retired Jesuits. After Mass, we walked around the grounds and learned about the stages of Jesuit formation, beginning with the two-year novitiate. What touched me the most was seeing so many young men discerning their vocation — it was humbling and deeply inspiring. Once our visit concluded, we began our journey home. Thankfully, the return trip was much faster, and we arrived at St. Theresia at 7:00 p.m. before heading our separate ways.

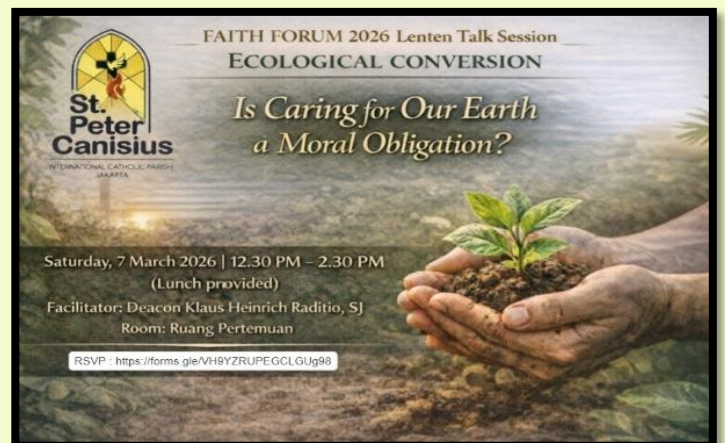


Reflection

As I write this, I feel truly blessed and grateful to have attended this recollection. I learned so much and look forward to sharing these lessons with others. I would like to give a special thanks to Fr. Moko, Fr. Agung, and Fr. James for making this trip memorable, as well as to Sis Melissa and Sis Widya for organizing everything so wonderfully.

By Bro Christian Joseph Tan

ECOLOGICAL CONVERSION: Caring for our Common Home



Lenten Talk Session 2026

March 7, 2026 St Theresia Church, Menteng, Jakarta by Deacon Klaus SJ

Ecological Conversion: Caring for Our Common Home; A Reflection Inspired by Laudato Si'

Inspired by *Laudato Si'*, the encyclical of the late Pope Francis, we are reminded that the earth is not merely a resource to be used, but a precious gift lovingly created by God and entrusted to our care. Our Christian



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faith invites us to see the beauty of creation as a reflection of God's goodness and to respond with gratitude, reverence, and responsibility.

In our daily lives, we are called to reflect on how our choices affect the world around us. Simple actions—reducing waste, avoiding unnecessary consumption, and caring for the environment—can become expressions of faith and love for our neighbours, especially the poor and future generations who are most affected by environmental harm. Cultivating what Pope Francis calls an **“ecological conversion”** reminds us that caring for our common home is part of living the Gospel.

After the presentation, the session continued with a lively and engaging interactive discussion among more than 30 participants. The conversation focused on how we can take concrete actions—both individually and as a community—to care for the environment and to **“repent”** of our ecological sins.

By Bro Ivan Abraham



FAMILY APOSTOLIC MINISTRY (FAM)

Active & Empathetic Listening Workshop

With gracious facilitators from **Pancaran Anugerah**, FAM coordinated the Active & Empathetic Listening Workshop for our parish servers on 8 March 2026, 16.30 – 18.00.

The workshop began with two questions:

1. What kind of listener are you ?
2. What are your personal obstacles in becoming an active, empathetic listener ?

What kind of listener are you ?

Listening styles can range from active (empathic), evaluative to passive. Identifying your style, such as being a supportive listener or a fixer, helps improve communication by tailoring your approach to the speaker's needs.

Common Listening Types:

- Active/Empathetic Listeners: Focus entirely on the speaker to understand their feelings and perspectives.





- Analytical/Content-Oriented Listeners: Focus on facts, details, and the technical aspects of the message.
- Action-Oriented Listeners: Listen for the core problem to provide solutions quickly.
- Time-Oriented Listeners: Value efficiency, often focusing on concise communication.
- Critical/Evaluative Listeners: Analyze and evaluate the information for accuracy.
- Passive/Marginal Listeners: Hear the words but do not fully engage with the content.

The workshop focused on the Active/Empathetic Listeners. These listeners have perfected the art of listening. They put aside their own personal needs to focus on the speaker so that they can truly “hear” what the person is saying. They are attentive and interactive, while listening through the speaker’s life rather than their own.

Few key aspects of better listening:

- Withholding Advice: Good listeners refrain from immediately fixing problems.
- Engaged Body Language: Nodding and making eye contact shows focus.
- Reflecting: Paraphrasing ("Sounds like you are saying...") confirms understanding.

What are your personal obstacles in becoming an active, empathetic listener ?

Becoming an active and empathetic listener is a challenging process, often obstructed by both internal and external factors.

1. Internal Barriers

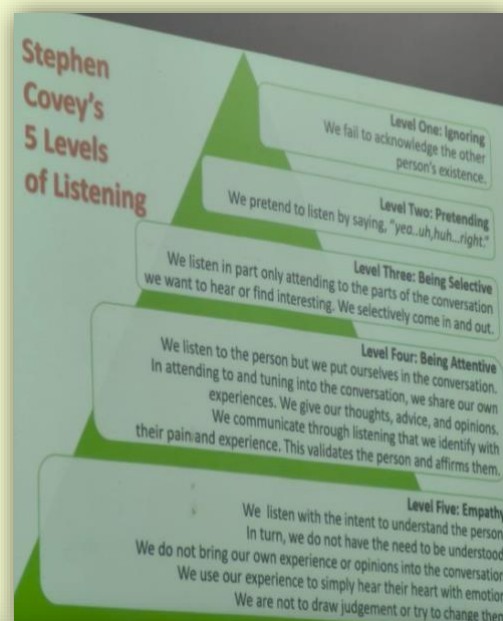
- Busy mind, inner noise: wandering thoughts, daydreams, or personal stressors (financial worries, to-do lists) can pull attention away from the speaker.
- Formulating Responses: planning what to say next instead of fully absorbing the speaker's message.
- The "Fix-It" Mentality: The compulsion to offer solutions immediately, which can feel dismissive of the speaker’s need for empathy, validation, and emotional support.

2. External Distractions

- Surrounding noise: such as traffic, televisions, or other people talking, that can derail focus.
- Digital Interruptions: Notifications from phones, computers, or the mere presence of a phone on the table can break the connection.

Strategies to Overcome These Obstacles

- Practice Mindfulness: Be present in the moment and consciously bring your attention back when it wanders.



- **Manage Inner Noise:** Take deep breaths to calm emotional reactions, or take a break if you are too emotionally charged.
- **Mirroring/Reflecting:** Use reflective listening techniques—restating feelings and key points in your own words—to ensure understanding.
- **Proper Space:** Find and use a suitable space where no external noise that distract the conversation, put all the gadgets away and in silence mode.



1st Group Exercise

The participants were grouped into 2 members each. Each pair took roles of speaker and listener. The speaker's role is to describe to the listener a challenging experience that he/she has experienced. The listener's job is to assume the role of one of the types of listeners.

Then the speaker provided feed back to the listener, on the listener reactions (body language, reflections, responses, etc.) during the conversation.

Marisue Pickering, Communication: Six Skills in Empathetic Listening:

- Being Quiet
- Being Attentive
- Probing
- Reflecting
- Restating-Checking Perceptions
- Interpreting & Feedback

2nd Group Exercise

The participants were grouped into 3 members each. Each pair took roles of speaker, listener and observer. The speaker's role is to describe to the listener a challenging experience that he/she has experienced. The listener's job is to assume the role of emphatic listeners. The observers' job is to take note the listener skills during the conversation referring to the Marisue Pickering's Six Skills in Empathetic Listening. Then the observer provided feed back to the listener, on the listener skills demonstrated during the conversation.



The session concluded with a shared potluck meal, where participants brought a variety of dishes, adding warmth and fellowship to the gathering. The workshop proved to be a truly enriching experience, offering valuable insights into active and empathetic listening, while participants also enjoyed the diversity of food and the spirit of togetherness.

By Sis Vinolia Suriyanto



HOLY WEEK CELEBRATIONS

HOLY WEEK 2026 SCHEDULE				
PALM SUNDAY	MAUNDY THURSDAY	GOOD FRIDAY	EASTER VIGIL	EASTER SUNDAY
				
28 March 2.30 pm St Theresia	2 April 2 PM St Theresia	3 April 11 AM St Theresia	4 April 2 PM St Theresia	5 April 2 PM St Theresia
29 March 2 pm St Theresia 6 pm Canisius Chapel				

Our parish was truly blessed to experience a meaningful and prayerful Holy Week celebration, bringing together the community in reflection, devotion, and joy.

We began with Palm Sunday, where parishioners joyfully welcomed the King of Kings by waving palms during the Mass. For a moment, it felt as though we were in Jerusalem, witnessing Jesus' solemn entry, with voices united in singing, "Hosanna, Hosanna in the highest!"

The Sacred Triduum commenced on Maundy Thursday with the Washing of the Feet. In alignment with the 2026 diocesan theme, Care for the Integrity of Creation, the twelve participants chosen for this rite were individuals actively contributing to environmental conservation and ESG initiatives.

Later that evening, continuing a practice initiated during the pandemic, the parish held an online Holy Hour from 8:00 PM to 1:00 AM. Various parish communities participated by dedicating one hour each in prayer, accompanying Jesus in the Garden of Gethsemane. Many parishioners remained throughout the five hours, offering their prayers in quiet devotion.

The Good Friday service began at 11:00 AM and witnessed an unprecedented turnout of approximately 3,500 to 4,000 faithful, who gathered in deep reverence despite the heat of Jakarta.

The Holy Week celebrations culminated in the Easter Vigil and Easter Sunday, marking the joyous celebration of the Resurrection of our Lord.

By the grace of God, the entire Holy Week proceeded smoothly and prayerfully. We extend our heartfelt gratitude to all who worked tirelessly behind the scenes to make these celebrations meaningful. We especially thank our Parish Priest, Fr. Moko SJ, Fr. Agung SJ, Assistant Parish Priest, Deacon Klaus SJ, and the other priests who joined us in celebrating Holy Week.

We also express our sincere appreciation to the Theresia Church priests and parish council members for graciously allowing us to use the parish facilities. Our thanks go as well to the liturgical team, altar servers, Extraordinary Ministers of Holy Communion, lectors, MCs, and ushers, whose dedication ensured a spiritually enriching experience for all.

Wishing everyone a blessed Easter! May the Risen Lord continue to inspire more volunteers to serve the parish, each according to their God-given talents.



HOLY HOUR
Maundy Thursday
April 2, 2026 | 8 PM - 1 AM
Come and pray together.
Each group will pray for one hour.
Please join at your most convenient time.

Join us on:
Meeting ID: 814 2781 8799
Passcode: fidelis

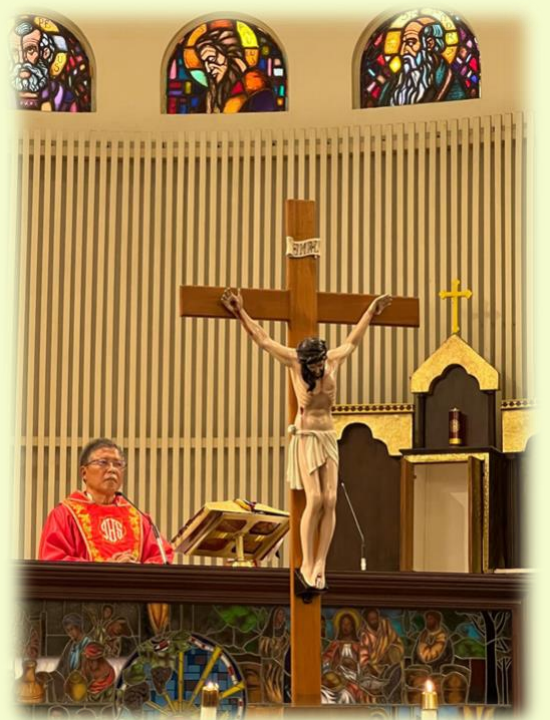
"Were you not able to keep watch with Me for one hour" - Mat 26:40



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BRINGING THE CHURCH CLOSER TO YOU



Reaching Out Closer: Territorial Contact Person for Our Catholic Expat Community in Greater Jakarta

St. Peter Canisius International Catholic Parish has been entrusted with the pastoral, sacramental, and evangelical care of Catholic expatriates residing across the Archdiocese of Jakarta (KAJ).

To strengthen connection and communication within our growing community, we are pleased to introduce our Territorial Contact Persons — dedicated volunteers appointed to serve as bridges between the parish and parishioners in different areas of Greater Jakarta.

Their main role is to assist expatriate parishioners — especially newcomers — by:

- Providing information about parish life, Mass schedules, ministries, and registration.
- Helping coordinate pastoral and sacramental needs with our parish priests.
- Creating local WhatsApp groups (similar to lingkungan) to keep everyone connected and informed about parish updates and activities.

We now have five volunteers serving as Territorial Contact Persons ***across Central, South, West, North Jakarta, and Tangerang.***

Their photos are featured below, feel free to reach out and connect with your area's representative, if you need more information on this, kindly contact the parish office.

***Sis Irene Sutanto for
Central Jakarta***

***Sis Bang Tan for
South Jakarta***

***Sis Lisa Wongsosuhendro
for West Jakarta***



***Sis Orsolina Gomez for
North Jakarta***



***Sis Eunice Tirtalukita for
Tangerang***

Together, let us continue to grow as one caring and united Catholic community, supporting one another in faith and friendship.



COME AND JOIN OUR PARISH INITIATIVES



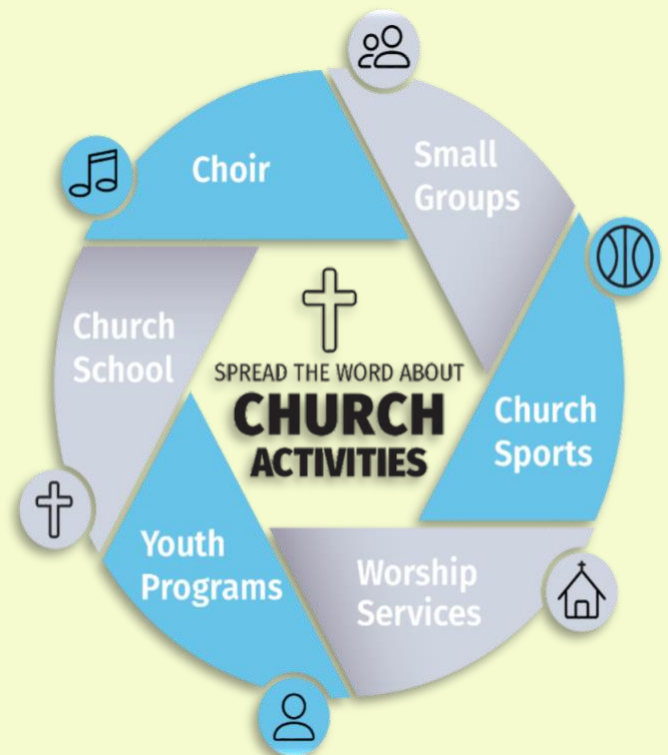
Dear Parishioners, inviting all of you to join our different parish initiatives to serve the Lord and the community. Your talents are your blessings from Lord, please use for the benefits of the community. Below are various Parish communities / groups / sections / ministries or activities you can join and contribute in different ways.



One of the aims is to introduce to our wider parishioners; including the newly baptized among us, that we have group/community with specific activities that they may join or be involved in.

At present our Parish has the following communities/groups/sections/ministries or activities:

- Ushers
- Lectors / Youth Lectors
- Choir/ Youth Choir
- Altar Servers
- EMHC - Extraordinary Ministries of Holy Communion
- CCD - Confraternity of Christian Doctrine
- RCIA - Rite of Christian Initiation of Adults
- Komsos – Social Communication
- Chosen Men Ministry
- YF / YFC – Youth Fellowship / Youth for Christ
- CYS – Catholic Youth Society
- YAPro – Young Adult Professionals
- FAM – Family Apostolic Ministry
- Ark Bible Club (ABC) for children age of 04 to 08 years
- SMPG – Santa Monica Prayer Group
- LOJF EF – Light of Jesus Family English Feast
- CFC – Couples for Christ



The fundamental question many parishioners ask: **How Can I Serve in the Church?**

God has given you special talents and gifts that you can use to support your local congregation, help your community, and serve God's children everywhere. You follow the example of Jesus Christ as you seek to meet individual needs one person at a time. Some of the most important service you will give will be informal, simple acts of kindness and love toward individuals without being asked or assigned to do so. You can help others feel God's love and reach their potential as you share your time, talents, and means to help meet their needs. Part of your personal growth and learning will come as you serve in the Church and help others learn and grow as well. As you get to know others in your local congregation, you will realize that you have much to offer them.

Come Join Us, Let's make use of our talents and time to support our Parish in different ways....



CALL FOR GENEROUS GIVING

As a vibrant and united community, we have the wonderful opportunity to make a positive impact together through our generosity and support. Our parish thrives on the spirit of compassion and togetherness, and we invite each and every one of you to contribute to the growth and well-being of our spiritual family. Your continued generous contributions have been invaluable, helping our parish flourish and serve the needs of our community.



We sincerely thank you for your wholehearted support. To make giving even more convenient, you can use the QR code below to donate via Gopay, OVO, Dana, Shopee, T-money, or through a direct bank transfer to our account at **PGDP Internasional Santo Petrus Canisius, Bank Danamon, Account No. 664 177 7773**, Branch: Usman Harun, Jakarta.

Here is the QR Code for receiving offering and gifts for Mass intentions. Please end your transfer amount with Rp. 22/= (twenty-two) for Mass intentions. For example, if you wish to give 100K gift for Mass intention, kindly transfer to this parish account number the amount of Rp. 100.022, -.



BANK DANAMON
664-177 7773

Thank you and God bless you and your family for your continuous support.

For all other Parish operations cost, you can donate any amount to the above-mentioned bank account or by using QR code.



We are here to respond should you need any information

Please do not hesitate to contact us @ St. Peter Canisius International Catholic Parish office. Jl. Gereja Theresia No. 2, Jakarta Pusat - DKI Jakarta. Telephone. +62-21-3917806 / WA +62 811 8039 728, Email. office@expatcatholicparish.org

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UPCOMING EVENTS



Sunday School

JOIN OUR **ARK BIBLE CLUB**

Sundays at 2:00 - 2:45 PM

RUANG PERTEMUAN

FOR KIDS 4-8 YEARS OLD

REGISTER HERE

MORE INFO: PAULA 0816-832-370

Marriage Preparation Course (MPC)

- February : 6th, 7th, 13th, 14th 2026.
- May : 8th, 9th, 15th, 16th 2026.
- August : 7th, 8th, 14th, 15th 2026.
- November : 6th, 7th, 13th, 14th 2026

Fee: Rp 600.009/couple (suffix "9")

Please contact STPCICP office +62 811-8039-728

Facilitated by Family Apostolic Ministry (FAM) Team & Priests

Divine Mercy Novena

Fri 3 Apr - 12 Apr 2026

09:00 PM

Join us on:

Meeting ID: 814 2781 8799
Passcode: fidelis

Novena to Saint Anselm of Canterbury

Mon 13 Apr - Tue 21 Apr 2026

09:00 PM

Join us on:

Meeting ID: 814 2781 8799
Passcode: fidelis

TUESDAY MASS

Every Tuesday 11:00AM

@St. Stefanus Church - Cilandak

"This Mass is offered for the prayer intentions of the universal church and the church of Indonesia"

GIFT OFFERING:
BANK DANAMON
684 177 7773
PGDP INTERNATIONAL
SANTO PETRUS CANISIUS

About Bullying: Reaction Matters

w/ Fr. Deacon Klaus Heinrich, SJ

SATURDAY, 11th APRIL 2026

1:00 - 2:30 PM

REGISTER HERE

FOR MORE INFORMATION
SIS ALFA (0812-9413-8899)

ST. THERESIA CHURCH
1st Floor Ruang Pertemuan (near Cafeteria)

2026 BOTTLE DRIVE FUNDRAISER

"REPENTANCE TO CARE FOR THE EARTH, OUR HOME"

WE ARE INVITING ALL PARISHIONERS TO BRING "EMPTY & CLEAN PLASTIC MINERAL WATER BOTTLES" IN FRONT OF OUR PARISH OFFICE EVERY SATURDAY AND SUNDAY FROM 14 MARCH - 3 APRIL 2026

THE PROCEED IS FOR SANGGAR ANAK HARAPAN

